

SCHOOL MEALS MENU AUTUMN/WINTER 2024-2025

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
WEEK 1	Beef Stew and Dumplings Baby Potatoes Peas & Carrots Doughnuts Low Fat Yoghurt Fresh Fruit	Chicken Chow Mein Egg fried Rice Stir fried Veg. Low Fat Yoghurt Fresh Fruit	Sausage Casserole Mashed Potatoes Baked Beans Rice Pudding & Jam Sauce Low Fat Yoghurt Fresh Fruit	Baked Potatoes Mild Chili Con Carne Selection of Cheese Low Fat Yoghurt Fresh Fruit	Grilled Salmon Sliced Potatoes Steamed Broccoli Vanilla Sponge & Custard Low Fat Yoghurt Fresh Fruit
WEEK 2	Sliced Fried Pork Boiled Rice Mixed Vegetables Muffins Low Fat Yoghurt Fresh Fruit	Fried Chicken Strip Oven Roasted Wedges Sweet Corn Low Fat Yoghurt Fresh Fruit	Lamb Meatballs in Gravy Dauphinoise Potatoes Trio of Veg Cheese & Strawberry Cake Low Fat Yoghurt Fresh Fruit	Homemade Sausage Rolls Sauté Potatoes Baked Beans Low Fat Yoghurt Fresh Fruit	Fish Bites Chipped Potatoes Garden Peas Chocolate Eclairs Low Fat Yoghurt Fresh Fruit
WEEK 3	Hot Dogs with Onions Chipped Potatoes Baked Beans Fromage Frais Low Fat Yoghurt Fresh Fruit	Homemade Chicken & Veg Pie Creamed Potatoes Vichy Carrots Low Fat Yoghurt Fresh Fruit	Lasagne Bolognaise Garlic bread Broccoli Chocolate Cream Pudding Low Fat Yoghurt Fresh Fruit	Grilled Chicken Hash Brown Potatoes Roasted Mix Vegetables Low Fat Yoghurt Fresh Fruit	Fish Fillet Meunière Trio of Vegetable Greek Pasta Chocolate Sponge & Choc Sauce Low Fat Yoghurt Fresh Fruit
WEEK 4	Chicken Baked Pasta Broccoli Garlic Bread Apple Pie & Custard Sauce Low Fat Yoghurt Fresh Fruit	Braised Slice Steak Mashed Potatoes Snap Peas Low Fat Yoghurt Fresh Fruit	Turkey Escalope Waffle Potatoes Baked Beans Chocolate Waffles Low Fat Yoghurt Fresh Fruit	Cottage Pie Mixed Vegetable Gravy Low Fat Yoghurt Fresh Fruit	Cod Fish Fingers Chipped Potatoes Snap Peas Steamed Fruit Pudding/Sauce Low Fat Yoghurt Fresh Fruit
WEEK 5	Turkey Meatballs & Pasta Peas & Corn Garlic Bread Fairy Cake Low Fat Yoghurt Fresh Fruit	Homemade Pizza Sautéed Potatoes Baked Beans Low Fat Yoghurt Fresh Fruit	Beef Burger in Bap Baked Potato Wedges Sweet Corn Toffee Crunch Cake Low Fat Yoghurt Fresh Fruit	Diced Fried Chicken Croquette Potatoes Tomato & Cream Sauce Low Fat Yoghurt Fresh Fruit	Breaded Sole Fillet Herb Buttered New Potatoes Garden Peas Chocolate Cookies Low Fat Yoghurt Fresh Fruit
WEEK 6	Chicken Cordon bleu Noisette Potatoes Sweet Corn/ Tomato Sauce Fruit Crumble & Custard Low Fat Yoghurt Fresh Fruit	Roast Beef + Yorkie Pudding Roasted Potatoes Garden Peas and Carrots /Gravy Low Fat Yoghurt Fresh Fruit	Sweet and Sour Chicken Balls Vegetable Chow Mein Prawn crackers. Chocolate Profiteroles Low Fat Yoghurt Fresh Fruit	Baked Beef Tortellini Broccoli Garlic Bread Low Fat Yoghurt Fresh Fruit	Breaded Fish Cake Potatoes Wedges Baked Beans Maple Syrup Crepes Low Fat Yoghurts Fresh Fruit