



International, Inspiring, Incredible

16 October 2020

Newsletter

Focus Character Virtue

In our teaching of character education, this month's focus 'Character Virtue' is:

Be Fair

*Learning to cooperate and share with everyone.
 We are a school team.*

Thank you for supporting this in your interactions with the children at home.

Important Dates	
Fri 30 th Oct	Halloween Dress up / Own clothes day
Fri, 30 th Oct	School Closed at 13:00
Mon 2 nd Nov – Fri 6 th Nov	Half term
Weds 11 th Nov	School closed
Fri 18 th Dec	School closes at 12:00
Monday 21 Dec – Fri 1 Jan	Christmas holiday
Mon 4 Jan	Inset day – school closed

School Photographs

In light of the current situation we have decided to postpone the visit of the school photographer.

We are hopeful that a date can be arranged in the new year.

Halloween Dress-Up / Own Clothes Day – Virtual author fundraiser

In the last academic year, we were very fortunate to host the children's authors Maz Evans and Sophy Henn. These internationally published word smiths were truly incredible and the children were inspired hugely by their warmth, wisdom and expertise.



It is our hope to continue to arrange visits such as this throughout this academic year through our virtual platforms, and the Parents' Association have kindly agreed to support in the funding of these visits.

Children (and adults) are invited to dress up in either Halloween costumes or own clothes on Friday 30th October and to support this money raising endeavour with a donation on the day.



Voices of Armed Forces Children

Our children are invited to **create poems, artwork, speeches and songs** on what it is like to be the child of a member of the Armed Forces. Please see the project flyer attached. The aim is to give service children a creative outlet to promote positive mental health, confidence and self esteem, at an especially difficult time.



Job Vacancies

SEND Learning Support Assistants

We have vacancies for SEND Learning Support Assistants. These are permanent positions for 30 - 32 hours per week,

Closing date for applications is 12.00 hrs Friday 23 October; interviews are scheduled to place on Wednesday 28 October and starting date is Monday 9 November.

Please send your completed applications to shape.office@modschools.org.

International Travel

If you are planning to travel outside of Belgium with your children then please inform the school prior to actually travelling. This is true even if travel is at the weekend or in a holiday.

This will allow us to relay the current school procedures and possible consequences of travel directly to you. This is especially important if you plan to travel to an area *specifically mentioned in either the Orange or Red Zones on the 'You are returning from...' table found at https://diplomatie.belgium.be/en/covid_table*.

These measures are in place to protect the health and safety of our children, staff and wider community. Your co-operation with this is greatly appreciated.

If unclear about anything regarding travel, please contact the school:

shape.admin@modschools.org

Low Threshold Ill-Health / Keeping/Sending Children Home

As has been communicated, following guidance we have been given from SHAPE Med Ctr (UK/EJSU/DPHC) we are adopting a **low threshold** approach to judging ill-health and whether a child should go/stay off school.

The aim is to **reduce the spread of non-COVID upper respiratory illness**.

A common example of this includes **cold-like symptoms**.

If your child displays cold-like symptoms, please ensure they do not come into school. If they display cold-like symptoms whilst in school, we will send them home.

The rationale behind this is to help protect SHAPE's operational output by minimising spread of minor (or major) illnesses in this small, closed community.

COVID 19 – Information Update

Updated information on what to do if you have symptoms is attached at the end of this Newsletter.

As a reminder, if you or your child has a COVID test please do notify the school, whatever the outcome.

Have a great weekend!

A handwritten signature in black ink, appearing to read 'J Niedzwiedzki', with a stylized flourish at the end.

Mr J Niedzwiedzki
Headteacher

Never Such Innocence

Voices of Armed Forces Children



Calling all Armed Forces Children! We want to hear from you!

Here's how you can have your voice heard through poetry, art, speech or song

Tell us what it is like to be the child of a member of the Armed Forces - currently serving or a veteran.

Create a piece of work that shows your mum, dad or guardian's role in the Armed Forces.

Think about what honour, courage, and commitment look like.

Reflect on what the Armed Forces means to you.

<https://www.neversuchinnocence.com/voices-of-armed-forces-children>



This project is supported by the Armed Forces Covenant.

The Armed Forces Covenant exists to support those who proudly protect our nation, who do so with honour, courage, and commitment. The covenant supports serving personnel, service leavers, veterans, and their families.

SHAPE and Brussels - Update 1 Oct 20

What to Do if you have Symptoms of COVID-19

If you have any of:

- **Fever**
- **Cough**
- **Shortness of breath**
- **Loss of, or change in, your normal sense of taste or smell** You

should...

1. **ISOLATE** for 10 days. Household members must also isolate for 14 days. Recommendation may change following clinical assessment and test result.

2. **CONSULT** your UK healthcare provider. DO NOT attend a Facility in person.

During working hours: Call UK medical centre **+32 65 44 5824**. A clinician will call you back to arrange assessment and test.

Out of hours: If you are well with mild symptoms call the medical centre in the morning. If you need advice OOH call HEALIX **+44 208 4817800**. They will direct you to a route of assessment as required.

3. **INFORM** your **line manager** and the NSE of your absence (or WFH). They may ask you to identify your movements prior to having symptoms to allow them to work with Prev Med on contact tracing should you test positive.






Working hours: NSE (who will inform COVID Ops)

Out of hours: European Duty Field Officer on **+32 479 911075**








4. **TRACE** If advised to phone the Prev Med team at SHAPE to initiate contact tracing the numbers are: +32 65 325336 or OOH +32 47 6760327.

If you are advised to isolate

Isolate yourself




-  **Stay in your home or accommodation**, do not go to work, school or other public areas
-  **Separate yourself** from others in your home or accommodation
-  **Do not have visitors** in your home or accommodation
-  Use **separate facilities** if sharing, these should be cleaned before use by others
-  Have food, medication & other supplies **delivered to you**
-  **Try to keep away from your pets.** If unavoidable, wash your hands before & after contact

Prevent the spread of infection




-  **Cover** coughs & sneezes with a tissue
-  Place the tissue in a **bin**
-  Wash your hands with **soap & water**
-  Use **separate household items** like towels, bedding, toothbrushes, cups & dishes
-  **Wear a mask** when you are around others, if you have been told to do so
- Wash hands with soap & water:**
 -  Before cooking & eating
 -  After using the toilet

Take care of your health & wellbeing

For those with symptoms of infection:

-  Get plenty of rest until you feel better
-  Drink enough fluids so that you pass urine regularly
-  Take paracetamol as advised, to reduce pain & fever

For everyone in self-isolation:

-  Keep in contact with friends & family by phone, video & online
-  Carry on hobbies & interests within your home if you are able to
-  Take regular exercise within your home if able

For up to date advice for people living in Belgium visit:

<https://www.info-coronavirus.be/en/>