



International, Inspiring, Incredible

09 October 2020

Newsletter

Focus Character Virtue

In our teaching of character education, this month's focus 'Character Virtue' is:

Be Fair

*Learning to cooperate and share with everyone.
 We are a school team.*

Thank you for supporting this in your interactions with the children at home.

Important Dates	
Tues 27 th Oct	School photographer
Fri 30 th Oct	Halloween Dress up / Own clothes day
Fri, 30 th Oct	School Closed at 13:00
Mon 2 nd Nov – Fri 6 th Nov	Half term
Weds 11 th Nov	School closed
Fri 18 th Dec	School closes at 12:00
Monday 21 Dec – Fri 1 Jan	Christmas holiday
Mon 4 Jan	Inset day – school closed

School Photographs

School photographs will be taken on **Tuesday, 27th October** at school. Please could you ensure that your children come to school in their full school uniform, including their school cardigan or jumper, plus black shoes.



Halloween Dress-Up / Own Clothes Day – Virtual author fundraiser



In the last academic year, we were very fortunate to host the children's authors Maz Evans and Sophy Henn. These internationally published word smiths were truly incredible and the children were inspired hugely by their warmth, wisdom and expertise.

It is our hope to continue to arrange visits such as this throughout this academic year through our virtual platforms, and the Parents' Association have kindly agreed to support in the funding of these visits.

Children (and adults) are invited to dress up in either Halloween costumes or own clothes on Friday 30th October and to support this money raising endeavour with a donation on the day.



Boarding School Opportunities

Please see attached to the Newsletter email information from CSF Educational Consultants, led by Colin Fleetwood, ex-Senior Principal MOD Schools, for boarding school opportunities. Please get in touch with Colin directly if this is of interest to you.

International Travel

If you are planning to travel outside of Belgium with your children then please inform the school prior to actually travelling. This is true even if travel is at the weekend or in a holiday.

This will allow us to relay the current school procedures and possible consequences of travel directly to you. This is especially important if you plan to travel to an area *specifically mentioned in either the Orange or Red Zones on the 'You are returning from...' table found at https://diplomatie.belgium.be/en/covid_table*.

These measures are in place to protect the health and safety of our children, staff and wider community. Your co-operation with this is greatly appreciated.

If unclear about anything regarding travel, please contact the school:

shape.admin@modschools.org

Low Threshold Ill-Health / Keeping/Sending Children Home

As has been communicated, following guidance we have been given from SHAPE Med Ctr (UK/EJSU/DPHC) we are adopting a **low threshold** approach to judging ill-health and whether a child should go/stay off school.

The aim is to **reduce the spread of non-COVID upper respiratory illness**.

A common example of this includes **cold-like symptoms**.

If your child displays cold-like symptoms, please ensure they do not come into school. If they display cold-like symptoms whilst in school, we will send them home.

The rationale behind this is to help protect SHAPE's operational output by minimising spread of minor (or major) illnesses in this small, closed community.

COVID 19 – Information Update

Updated information on what to do if you have symptoms is attached at the end of this Newsletter.

As a reminder, if you or your child has a COVID test please do notify the school, whatever the outcome.

Have a great weekend!



Mr J Niedzwiedzki
Headteacher

Novel Coronavirus Outbreak (COVID-19)

Information for SHAPE & Brussels Registered Patients

WHAT TO DO IF YOU HAVE SYMPTOMS

If you have symptoms that may be COVID-19 such as:

- **Fever**
- **Cough**
- **Shortness of breath**
- **Loss of, or change in, your normal sense of taste or smell**

You should:

1. **ISOLATE** for 10 days. NB. household members must also isolate for 14 days (recommendations may be modified based on clinical assessment and test results).

2. **CONSULT** your UK healthcare provider. DO NOT attend a Health Care Facility in person.

- **During working hours:** Call the medical centre +32 65 44 5824 and inform them of your symptoms. A clinician will call you back to arrange assessment and testing.
- **Out of hours:** Call the Hospital Hotline on +49 521 305 3960. They will assess you and direct you to a route of testing or assessment as required.






3. **INFORM** your **line manager** and the **NSE** of your absence (or WFH). They may ask you to identify your movements and contacts prior to having symptoms to allow them to work with Preventive Medicine to manage any contact tracing should you be tested and prove positive.













- **During working hours:** NSE (who will inform COVID Ops Offr)
- **Out of hours:** European Duty Field Officer on +32 479 911075

4. **TRACE** If advised to phone the Preventive Medicine team at SHAPE Healthcare facility to initiate contact tracing the numbers are:

If you are advised to isolate

Isolate yourself

 <p>Stay in your home or accommodation, do not go to work, school or other public areas</p>	 <p>Separate yourself from others in your home or accommodation</p>	 <p>Do not have visitors in your home or accommodation</p>
 <p>Use separate facilities if sharing, these should be cleaned before use by others</p>	 <p>Have food, medication & other supplies delivered to you</p>	 <p>Try to keep away from your pets. If unavoidable, wash your hands before & after contact</p>

Prevent the spread of infection	Take care of your health & wellbeing		
 <p>Cover coughs & sneezes with a tissue</p>	For those with symptoms of infection:		
 <p>Place the tissue in a bin</p>	 <p>Get plenty of rest until you feel better</p>	 <p>Drink enough fluids so that you pass urine regularly</p>	 <p>Take paracetamol as advised, to reduce pain & fever</p>
 <p>Use separate household items like towels, bedding, toothbrushes, cups & dishes</p>	For everyone in self-isolation:		
 <p>Wear a mask when you are around others, if you have been told to do so</p>	 <p>Keep in contact with friends & family by phone, video & online</p>	 <p>Carry on hobbies & interests within your home if you are able to</p>	 <p>Take regular exercise within your home if able</p>
Wash hands with soap & water:			
 <p>Before cooking & eating</p>	 <p>After using the toilet</p>		

For up to date advice for people living in Belgium visit: <https://www.info-coronavirus.be/en/>