



International, Inspiring, Incredible

18 September 2020

Newsletter

House Cross Country Event

The annual House Cross-Country for years FS2 – Y6 took place on Thursday 17th September 2020.

I would like to congratulate all of the children for competing well and demonstrating their 'learning powers' by "not giving up" and "having a go". I am delighted to report that every child that started the run successfully crossed the finishing line. Special congratulations go to the Ath Antelopes for finishing as KS1 winners and to Mons Monkeys as KS2 winners.

Important Dates	
Thurs, 24 th Sep	School Closed at 1200hrs
Fri, 25 th Sep	School Closed Inset Day
Fri, 30 th Oct	School Closed at 13:00
Mon 2 nd Nov – Fri 6 th Nov	Half term
Weds 11 th Nov	School closed

I would also like to extend our thanks to all parents who attended, and in particular, Mr Worsencroft, Mr Clarke and Mr Verhoeff for their dedicated running as hares.

I would also like to extend my individual congratulations to the following children who were Cross Country Podium Finishers and Winners:

	FS2	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
1 st	Jeremiah	Toby	Luke	Monty	Stephen	Oliver	Lucas
2 nd	Charlie	Jared	Finlay	Henry	Harry	Camryn	William
3 rd	Henry	Ciaran	Margot	Tilly	Davide	Francesca	Amber



School Dinners

As of Monday 21 Sept School Dinners will resume as normal, many thanks for your patience during this period.

Morning Drop-Off

Please be aware that parents **are not** allowed into the main school building without a prior arranged appointment.

Please do not escort your child into class at the beginning of the day.

If you need to speak to a member of staff, please contact the school by telephone or email. If your issue cannot be dealt with via these methods, please make an appointment with the school office before entering the school building.

These restrictions are in place as part of the British Section's response to the Covid-19 pandemic and will help to keep our school community safe.

Low Threshold Ill-Health / Keeping/Sending Children Home

As has been communicated, following guidance we have been given from SHAPE Med Ctr (UK/EJSU/DPHC) we are adopting a **low threshold** approach to judging ill-health and whether a child should go/stay off school.

The aim is to **reduce the spread of non-COVID upper respiratory illness.**

A common example of this includes **cold-like symptoms.**

If your child displays cold-like symptoms, please ensure they do not come into school. If they display cold-like symptoms whilst in school, we will send them home.

The rationale behind this is to help protect SHAPE's operational output by minimising spread of minor (or major) illnesses in this small, closed community.

COVID 19 – Information Update

Updated information on what to do if you have symptoms is attached at the end of this Newsletter.

(Note - The OOH number will be updated from 30 Sep.)

As a reminder, if you or your child has a COVID test please do notify the school, whatever the outcome.

Have a great weekend!



Mr J Niedzwiedzki
Headteacher

Novel Coronavirus Outbreak (COVID-19)

Information for SHAPE & Brussels Registered Patients

WHAT TO DO IF YOU HAVE SYMPTOMS

If you have symptoms that may be COVID-19 such as:

- **Fever**
- **Cough**
- **Shortness of breath**
- **Loss of, or change in, your normal sense of taste or smell**

You should:

1. **ISOLATE** for 10 days. NB. household members must also isolate for 14 days (recommendations may be modified based on clinical assessment and test results).

2. **CONSULT** your UK healthcare provider. DO NOT attend a Health Care Facility in person.

- **During working hours:** Call the medical centre +32 65 44 5824 and inform them of your symptoms. A clinician will call you back to arrange assessment and testing.
- **Out of hours:** Call the Hospital Hotline on +49 521 305 3960. They will assess you and direct you to a route of testing or assessment as required.






3. **INFORM** your **line manager** and the **NSE** of your absence (or WFH). They may ask you to identify your movements and contacts prior to having symptoms to allow them to work with Preventive Medicine to manage any contact tracing should you be tested and prove positive.











- **During working hours:** NSE (who will inform COVID Ops Offr)
- **Out of hours:** European Duty Field Officer on +32 479 911075

4. **TRACE** If advised to phone the Preventive Medicine team at SHAPE Healthcare facility to initiate contact tracing the numbers are:

If you are advised to isolate

Isolate yourself

 <p>Stay in your home or accommodation, do not go to work, school or other public areas</p>	 <p>Separate yourself from others in your home or accommodation</p>	 <p>Do not have visitors in your home or accommodation</p>
 <p>Use separate facilities if sharing, these should be cleaned before use by others</p>	 <p>Have food, medication & other supplies delivered to you</p>	 <p>Try to keep away from your pets. If unavoidable, wash your hands before & after contact</p>

Prevent the spread of infection	Take care of your health & wellbeing		
 <p>Cover coughs & sneezes with a tissue</p>	For those with symptoms of infection:		
 <p>Place the tissue in a bin</p>	 <p>Get plenty of rest until you feel better</p>	 <p>Drink enough fluids so that you pass urine regularly</p>	 <p>Take paracetamol as advised, to reduce pain & fever</p>
 <p>Use separate household items like towels, bedding, toothbrushes, cups & dishes</p>	For everyone in self-isolation:		
 <p>Wear a mask when you are around others, if you have been told to do so</p>	 <p>Keep in contact with friends & family by phone, video & online</p>	 <p>Carry on hobbies & interests within your home if you are able to</p>	 <p>Take regular exercise within your home if able</p>
Wash hands with soap & water:			
 <p>Before cooking & eating</p>	 <p>After using the toilet</p>		

For up to date advice for people living in Belgium visit: <https://www.info-coronavirus.be/en/>